

## SLEEP SMART NEWSLETTER

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Sleep for Stroke Management and Recovery Trial

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### **Congratulations to the top 5% of sites to randomize in Sleep SMART in 2020**

1. Moses H Cone Memorial Hospital, Greensboro NC. Coordinators Glynda Reaves and Rizwan Sabir,  
PI Pramod Sethi MD.  
Randomized 28
  
2. Brooks Rehab Hospital, Jacksonville FL. Coordinators Taisiya Matev & Eileen Daugherty, PI Parag  
Shah MD.  
Randomized 25
  
3. Sarasota Memorial Hospital, Sarasota FL. Coordinator Jeanette Wilson, PI Mauricio Concha MD.  
Randomized 9
  
4. University of Cincinnati, Cincinnati OH. Coordinator Sadie Caldwell, PI Natalie Kreitzer MD.  
Randomized 7
  
4. Oregon Health & Science University Hospital, Portland OR. Coordinator Amber Lee, PI Hormozd  
Bozorgchami.  
Randomized 7
  
4. Prisma Health Richland Hospital, Columbia SC. Coordinator Phil Fleming, PI Souvik Sen MD.  
Randomized 7
  
4. North Shore University Hospital, Manhasset NY. Coordinators Prat Subramaniam & Kirendra  
Pasram, PI Rohan Arora MD.  
Randomized 7
  
4. McLaren Flint, Flint MI. Coordinator Marci Roberts, PI Mahmoud Rayes MD.  
Randomized 7

## **January and February randomization's:**

- Brooks Rehab, FL
- Moses H Cone, NC
- Sarasota Memorial, FL
- Barnes Jewish, MO
- Oregon Health and Science, OR
- Harborview, WA
- North Shore, NY
- UCSD Hillcrest, CA
- Memorial Hermann, TX
- Wake Forest Baptist, NC
- OSU Wexner, OH
- Yale New Haven, CT
- University of Chicago, IL
- OSF St. Francis, IL
- St. Mary's Grand Junction, CO
- Mayo Clinic St. Mary's, MN
- Mayo Clinic Jacksonville, FL
- UCSF Medical Center, CA
- University of Maryland, MD
- USCD La Jolla, CA
- University of Nebraska, NE
- UC Davis, CA
- UF Health Shands, FL
- St. Cloud Hospital, MN
- Providence St. Vincent, OR
- University of Vermont, VT
- UH Cleveland, OH
- Bridgeport Hospital, CT
- Hartford Hospital, CT
- Marshfield Clinic, WI
- MetroHealth, OH
- George Washington, DC

### **Current trial numbers**

Total consented: 1301

Total randomized: 446

Sites currently released to enroll: 89

## **Reminders**

- If you have an immediate eligibility/enrollment question, please email [sleepsmart@umich.edu](mailto:sleepsmart@umich.edu).
- We are all still working from home, so if you call our office numbers we will not pick up. However, if you leave a voicemail it will be forwarded to our email.
- Please print the 6 FusionHealth MOPs we have. They are located on our website and in the WebDCU Toolbox. These are great step by step guides on using KOEO, the T3, and CPAP.

**Please visit our Sleep SMART website to find helpful study-related materials and previously recorded webinars:  
<https://www.nihstrokenet.org/sleep-smart-trial/home>**

# Sleep SMART Coordinator of the Month

Congratulations to Marci Roberts!

McLaren Flint, MI



Marci was chosen as the coordinator of the month for going the extra mile in enrolling subjects. Michigan experienced severe snowstorms in February and Marci took it upon herself to apply 2 T3s when McLaren was short staffed due to the storm. This is not an isolated incident for Marci. When McLaren first started enrolling, they struggled to randomize their first subject. After working diligently on this issue, Marci turned McLaren into a top randomizing site. We appreciate all her hard work and dedication to making Sleep SMART a success!

## Appointment Reminders

- If possible, try to schedule a subject's 3 and 6 month visit before leaving the hospital.
- Provide a **follow up reminder visit letter** to remind subjects of their visits. This can be found on our website or in the WebDCU Toolbox.
- If you find that you are unable to reach a subject, we have an **unable to reach template letter**.
- As a last resort we have a **lost to follow up letter** you can use.

# 3 month mRS-9Q

- Please get this assessment completed in window
- Each individual question must be asked (subject or proxy)- cannot be abstracted from the medical record
- Ideally done by a blinded assessor, but prioritize in window
- Can be done by phone
- **All site coordinators and PIs will be receiving an email from Kayla if a 3 month window is pending and the visit has not been completed.**

## Next Webinar

March 8, 2021  
from 1-2pm ET

## Corrective Action Plan

- After one additional out of window or missed 3-month or 6-month visit, a CAPA will need to be completed by your site. Once on a corrective action plan, if an additional visit is missed this will trigger site probation.

## Careteam Video

- We have a new video to introduce the care team to intervention (CPAP) subjects. The video can be found on the patient tab on our website: <https://www.nihstrokenet.org/sleep-smart-trial/patients>
- This video is critical in helping with adherence before subjects leave the hospital

## Contacts

**Eligibility questions:** 9am to 8pm ET: [sleepsmart@umich.edu](mailto:sleepsmart@umich.edu)

**Fusionhealth** (Nox T3, KOEO, aCPAP, Masks): 9am to 5pm ET: 1-404-480-5149 ext 4006

**WebDCU emergency randomization hotline:** 1-866-450-2016

**Project Managers:** Kayla Novitski [kcgossel@med.umich.edu](mailto:kcgossel@med.umich.edu) and Joelle Sickler [sicklejb@ucmail.uc.edu](mailto:sicklejb@ucmail.uc.edu)

**WebDCU help:** Jocelyn Anderson [anderjoc@musc.edu](mailto:anderjoc@musc.edu) and Faria Khattak [khattak@musc.edu](mailto:khattak@musc.edu)

**Regulatory help:** Lauren Stricker [strickla@ucmail.uc.edu](mailto:strickla@ucmail.uc.edu) and Emily Stinson [stinsoey@ucmail.uc.edu](mailto:stinsoey@ucmail.uc.edu)