



SLEEP SMART NEWSLETTER

Sleep for Stroke Management and Recovery Trial

Welcome new sites!

Promedica Toledo Hospital, Toledo OH
Boone Hospital Center, Columbia MO
Banner University, Tucson AZ
Bronson Methodist, Kalamazoo MI

December randomizations

Carolinas Rehabilitation Northeast, NC- Christine Patino & Nicole Rup MD
BSW Institute for Rehabilitation, TX- Lacy McDonald & Chad Swank PhD, PT
Mary Free Bed Rehabilitation, MI- Jacob Cobb & Eric Geiser MD
University of Chicago, IL- Mariel Dronson & Kenneth Lee MD
Hartford Hospital, CT- Radu Radulescu & Francoise Roux MD
Kaiser Permanente Fontana, CA- Vanessa Audea & Conrad Liang MD
Chandler Regional Medical Center, AZ- Rachel Kendrick & David Salvatore MD

Current trial numbers

Total consented: 2186
Total randomized: 707
Sites currently released to enroll: 101

Coordinator of the Month

Congratulations to Quentin Thacker!

Methodist University, Memphis TN



Quentin and Suzhen Gong

Quentin was chosen as the coordinator of the month for his dedication to enrollment/randomization.

His PI Balaji Krishnaiah said he is incredibly fortunate to have such a capable and hard working coordinator. "He is easy to work with and accessible at any time. He is an energizer bunny for our program. He is trustworthy, and I can count on him at all times. He always does what is right for the patient. He understands that it is hard for patients to stay extra days in the hospital to complete the study, so he never hesitates to come in during weekends or after hours. He is the central figure for our research activities, and our program cannot function without him."

When Dr. Alexandrov was asked to say a word about Quentin, his reply was "he is the best coordinator I have ever worked with."

Congratulations to these sites that have managed to have the top adherence rates among their CPAP subjects in the 1st month of participation!

1. OSU Wexner- Luke Herren & Sushil Lakhani MD
2. Sarasota Memorial Hospital- Matt Moehr & Mauricio Concha MD
3. UC Davis Medical Center- Amy Hyatt & Kwan Ng MD
4. UCSD La Jolla- Theresa McQuaid & Dawn Meyer PhD, NP
5. Wake Forest- Shanna Withers & Cheryl Bushnell MD

Update on missing data

Overall 90-day mRS missing: 13.8%

Overall 90-day out-of-window mRS
(completed but past 120 day window): 7.5%

Overall missing for primary analysis: 21.3%

As a reminder, the 3 month window is -30 days/+30 days and the 6 month window is -14 days/+60 days. We also have an assessment guide that will show you what assessments can be done by a proxy and by phone.



Reminders

- When completing visit assessments, please always start with the mRS-9Q.
- Anytime you configure a Nox T3, be sure to double check that you completed the last step. If the T3 is not completely configured, the data will be inaccessible.
- Please be sure to check and update expiring and expired site and people documents. Having your DOA entirely green should always be the goal!
- 3 and 6 month visits should be done by someone who is blinded. If you have any questions about this, please reach out to Kayla or Joelle.
- Please use the informed consent checklist every time you consent a subject, the checklist can be found here:
<https://www.nihstrokenet.org/sleep-smart-trial/research-team>

January Booster Session

January 19th from 1-2pm ET. An invitation was sent to all coordinators by Kayla on 12/14.

T3 Scoring Hours

Hours will remain the same during the holidays. Scoring hours are 10am and 2pm ET, 7 days per week.



Happy Holidays to everyone. Thank you for your hard work and making this year great, despite the challenges. See you in 2022!
Stay happy and healthy

Contact Information

Eligibility criteria questions: 9am to 8pm ET: sleepsmart@umich.edu
Fusionhealth (Nox T3, KOEO, aCPAP, Masks): 8am to 7pm ET M-F: 1-404-480-5149 ext 4006 or sleepsmarttechsupport@noxhealth.com. Please use email after hours.

WebDCU emergency randomization hotline: 1-866-450-2016

Project Managers: Kayla Novitski kcgossel@med.umich.edu and Joelle Sickler sicklejb@ucmail.uc.edu

WebDCU help: Jocelyn Anderson anderjoc@musc.edu and Faria Khattak khattak@musc.edu

Regulatory help: Emily Stinson stinsoey@ucmail.uc.edu

Please visit our Sleep SMART website to find helpful study-related materials: <https://www.nihstrokenet.org/sleep-smart-trial/home>