# Stroke Cerebroprotection: How to bring translational science to the bedside

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## Disclosure

- Salary Support NIH-NINDS: R21NS104579 U24NS107247 U01 NS113388
- I have been pursuing a grant on Uric Acid through Strokenet



Two Stroke Neurologists partner in a mission to promote Uric Acid as a Cerebroprotectant agent through StrokeNet.



#### 1. A Call From an Old Friend From Barcelona

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# Outline

- Importance cerebroprotection
- Mechanism matters
- Translational challenges
- STAIR Redemption
- The SPAN revolution
- Future Pathway Cerebroprotection
- Translational tips

# **Cerebroprotection:** Definition

- Agent administered to preserve brain function independent of reperfusion
- Targets neurons, oligodendroglia, microglia or neurovascular unit
- Specific function
- Clear mechanism



Physiol Rev. 2007 January ; 87(1): 315-424.

# Why Cerebroprotection?

- Most patients untreated
- Elective procedures with risk of stroke
- Limited effectiveness of thrombolysis
- Limited recanalization of MT
- Issue of Microcirculation
- Distance & transportation

### **Cerebroprotection During Transport**



(Adeoye et al 2014)

(Leira et al 2023)

# Mechanism Matters?

### NO

- Pragmatism
- Not required if unmet needs
- Not required for FDA approval

### YES

- Critical step for scientific progress in field
- Enables better dosing in therapeutic target
- Stratifies trials to those more likely to respond
- Anticipates side effects better

# UA: peroxynitrite scavenger

- Ischemia/reperfusion reactive oxygen species
- NO + superoxide = peroxynitrite
- Powerful oxidant with toxic effects
- Builds mostly in ischemic penumbra
- Pericytes and arterioles  $\rightarrow$  No-reflow phenomenon





Ability to trap carbon and oxygen centered radicals and prevent the oxidation of salicylate in vitro

Compound	IC <sub>50</sub> (µM)	$R^2$
PBN	141	1.00
S-PBN	178	0.98
NXY-059	441	0.99
Cysteine	278	0.98
Glutathione	185	1.00
Ascorbate	323	0.97
Uric Acid	104	0.99
Tempo	115	0.99
Trolox	208	0.99
Tirilizad	Increased	-

A. Fe (II) System 2,5-DHBA Results.

Free Radic Res 2001; 34:417-426

## **Translational Challenges**



# **Pre-clinical Challenges**

- Biological differences
- Baseline differences
- Mechanism Stroke
- Dose & mode administration
- Time window
- Methodological Rigor

# **Rodent Biological Differences**

- Genetic & epigenetic
- Brain anatomy
- Functional organization
- Vascular anatomy
- Immunological



Sommer CJ, Acta Neuropathol 2017

### **Baseline Differences**



### **Mechanism Stroke**



## **Preclinical Methodological Biases**



No Error

Random Error

Systematic Error

## **Preclinical Rigor Issues**

Lacking Issue	Resulting Bias		
Sample /power	Significant results		
Randomization	Selection		
Intention to Treat (ITT)	Attrition		
Masking Intervention	Ascertainment		
Blinded Assessment	Detection		

## Methodological Rigor vs. Magnitude Effect



% Neuroprotection

# **Clinical Trial Issues**

- Expectations of effect
- Heterogenous patients
- Interaction with IVT
- Variable reperfusion
- Variable rehabilitation
- Outcome measures used

## **Outcome Measures Challenges**



# The STAIR Redemption



- Stroke Therapy Academy Industry Roundtable
- Community response to failures
- Neurologists, physicians, industry, regulators
- Enhance acute and restorative therapies
- Initial recommendations 1999
- Preclinical methodology
- Clinical trial methodology

### Update of the Stroke Therapy Academic Industry Roundtable Preclinical Recommendations

Marc Fisher, MD; Giora Feuerstein, MD; David W. Howells, PhD; Patricia D. Hurn, PhD; Thomas A. Kent, MD; Sean I. Savitz, MD; Eng H. Lo, PhD; for the STAIR Group

#### Table 1. Initial STAIR Preclinical Recommendations

- 1. Adequate dose-response curve
- 2. Define the time window in a well-characterized model
- 3. Blinded, physiologically controlled reproducible studies
- 4. Histological and functional outcomes assessed acutely and long-term
- 5. Initial rodent studies, then consider gyrencephalic species
- 6. Permanent occlusion then transient in most cases

# STAIR Updates

- Sample Size Calculation
- Inclusion and exclusion criteria
- Randomization
- Allocation concealment
- Reporting excluded animals
- Blinded assessment of outcome
- Transparency COI/funding
- Linking animal models to clinical stroke



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The URIC trial proposal advances through the Strokenet commitees, but the STAIR recommendations are a serious challenge

## Uric Acid STAIR Initial Checklist

Mechanism established V Different Species V Animal Co-morbidities V IV route of administration V Dose established V Interaction with rtPA V Different Laboratories ? Sex differences ? Rigor to minimize biases ? Long-term outcomes ?

# Beefing up STAIR Pedigree?

- How much is enough?
- Which laboratory will do it?
- Confirmatory science less appealing
- Co-morbid models expensive
- Increase mortality
- Cost of long-term outcomes
- Funding?

#### Treatment with Uric Acid Reduces Infarct and Improves Neurologic Function in Female Mice After Transient Cerebral Ischemia

Nirav Dhanesha, PhD,\* Edwin Vázquez-Rosa, PhD,†‡ Coral J. Cintrón-Pérez, MBA,† Daniel Thedens, PhD,‡ Alexa J. Kort, HS,† Vicky Chuong, BA,† Adriana M. Rivera-Dompenciel, BA,† Anil K. Chauhan, PhD,\*<sup>1</sup> Enrique C. Leira, MD, MS,§<sup>+</sup>||<sup>,1</sup> and Andrew A. Pieper, MD, PhD†§<sup>-1</sup>



#### Dhanesha et al J Stroke Cerebrovasc Diseases 2018









Dhanesha et al J Stroke Cerebrovasc Diseases 2018

### Emergent Uric Acid Treatment is Synergistic with Mechanical Recanalization in Improving Stroke Outcomes in Male and Female Rats

Alicia Aliena-Valero, <sup>a,b†</sup> Mikahela A. López-Morales, <sup>a†</sup> María C. Burguete, <sup>a,b†</sup> María Castelló-Ruiz, <sup>a,c</sup>\* Teresa Jover-Mengual, <sup>a,b</sup> David Hervás, <sup>d</sup> Germán Torregrosa, <sup>a</sup> Enrique C. Leira, <sup>e</sup> Ángel Chamorro <sup>f,g</sup> and Juan B. Salom <sup>a,b</sup>







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#### 3. The SPAN Revolution

Uric Acid investigators join a promising new rigorous network established by the NIH to advance cerebroprotection

## The SPAN Revolution 2019

- 1 Coordinating Center
- 6 Performing Centers

Stroke Preclinical Assessment Network (SPAN) to Support Translational Studies for Acute Neuroprotection -Coordinating Center (U24 Clinical Trial Not Allowed)

U24 Resource-Related Research Projects – Cooperative Agreements



## **SPAN** Revolution

- STAIR way to heaven
- Rigor of pre-clinical cerebroprotection
- Centers applied with a proposed intervention
- Central masking and shipping
- Randomized animals with ITT
- Blinded surgeons & raters

### SPAN: Methodological Rigor



**BLINDED OUTCOME** 

**BLINDED OUTCOME** 

### University of Iowa SPAN



### SPAN 1.0 NIH Network



# SPAN Revolution (2)

- Challenges building a new network
- Changing the laboratory culture
- Standardize practices
- Establishing consensus
- Design experiments
- Agree on primary outcome
- Imaging secondary

#### STROKE

### A multi-laboratory preclinical trial in rodents to assess treatment candidates for acute ischemic stroke

Patrick D. Lyden<sup>1,2</sup>\*, Márcio A. Diniz<sup>3</sup>, Francesca Bosetti<sup>4</sup>, Jessica Lamb<sup>1</sup>, Karisma A. Nagarkatti<sup>1</sup>, André Rogatko<sup>3</sup>, Sungjin Kim<sup>3</sup>, Ryan P. Cabeen<sup>5</sup>, James I. Koenig<sup>4</sup>, Kazi Akhter<sup>6</sup>, Ali S. Arbab<sup>7</sup>, Brooklyn D. Avery<sup>8</sup>, Hannah E. Beatty<sup>9</sup>, Adnan Bibic<sup>6</sup>, Suyi Cao<sup>8</sup>, Ligia Simoes Braga Boisserand<sup>9</sup>, Angel Chamorro<sup>10,11</sup>, Anjali Chauhan<sup>12</sup>, Sebastian Diaz-Perez<sup>13</sup>, Krishnan Dhandapani<sup>14</sup>, Nirav Dhanesha<sup>15</sup>, Andrew Goh<sup>12</sup>, Alison L. Herman<sup>9</sup>, Fahmeed Hyder<sup>16,17</sup>, Takahiko Imai<sup>18</sup>, Conor W. Johnson<sup>9</sup>, Mohammad B. Khan<sup>19</sup>, Pradip Kamat<sup>19</sup>, Senthilkumar S. Karuppagounder<sup>20</sup>, Mariia Kumskova<sup>15</sup>, Jelena M. Mihailovic<sup>16</sup>, Joseph B. Mandeville<sup>18</sup>, Andreia Morais<sup>18</sup>, Rakesh B. Patel<sup>15</sup>, Basavaraju G. Sanganahalli<sup>16</sup>, Cameron Smith<sup>19</sup>, Yanrong Shi<sup>8</sup>, Brijesh Sutariya<sup>15</sup>, Daniel Thedens<sup>21</sup>, Tao Qin<sup>18</sup>, Sofia E. Velazquez<sup>9,13</sup>, Jaroslaw Aronowski<sup>12</sup>, Cenk Ayata<sup>22</sup>, Anil K. Chauhan<sup>15</sup>, Enrique C. Leira<sup>10,23,24</sup>, David C. Hess<sup>19</sup>, Raymond C. Koehler<sup>8</sup>, Louise D. McCullough<sup>12</sup>, Lauren H. Sansing<sup>9,13</sup>



### Primary Outcome: Corner Test





### Multi-Arm Multi-Stage Model





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#### 4. STEPS of Hope

The new StrokeNet thrombectomy platform is an opportunity to simultaneously validate uric acid and SPAN





- Dedicated Strokenet EVT platform
- Randomized Multifactorial Adaptive Platform design
- Leverages existing registries for data collection
- Test multiple hypotheses of EVT indication expansion with cerebroprotection

### Future Pathway to Cerebrotection



### Medieval Guilds



## Scientific Guilds in Translation?



# **Guilds Translation: Causes**

- Training & mentoring
- Experience
- Inertia
- Pack mentality
- Methodological
- Funding



# **Pre-Clinical Tips**

- Partnership with a laboratory
- Choose well intervention & lab
- Find scientific & personal synergies
- Respect lab hierarchy
- Make it a long-term win-win for team
- Bring Funding
- Be prepared to ask (beg)
- Leverage pre-clinical & human data



## Uric Acid Supplementation Benefit Those with Lower Baseline Levels

### 11% Absolute benefit jjj



### Uric Acid & "Filament Model" Humans



### aOR 6.12 (95%CI 1.08-34.56)



Chamorro	et al.	Int J	Stroke.	2017	7;12:37	7-382
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	UA N=24	PLACEBO N=21
Age, yr	78 (70-80)	68 (64-76)
NIHSS	17 (13-30)	15 (10-20)
Groin time	205 (163-271)	186 (155-230)



# **Expansion Indication Post-STEP**

- Impact broader stroke population stroke
- Accept modest gains
- Thrombolysis adjuvant
- Periprocedural prevention
- Protection penumbra in transport
- Factor the physical environment







### Low-Frequency Vibrations Enhance Thrombolytic Therapy and Improve Stroke Outcomes

Nirav Dhanesha, PhD; Thomas Schnell, PhD; Salam Rahmatalla, PhD; Jonathan DeShaw, PhD;
Daniel Thedens, PhD; Bradley M. Parker; M. Bridget Zimmerman, PhD;
Andrew A. Pieper, MD, PhD; Anil K. Chauhan, PhD; Enrique C. Leira<sup>(D)</sup>, MD, MS

Stroke, June 2020



### Physical Factors Transport Impact Outcome



Adjusted for: time to rtPA infusion start, outside temperature, barometric pressure, dew point, total vibration during exposure, and vibration during ground transportation

# Conclusions

- Exciting time cerebroprotection
- SPAN is likely the future paradigm
- Need to get rid of guilds
- True team science
- Ensure right interventions move to SPAN
- Plans to expand it beyond MT

