[date]

Dear [Study Participant's Name],

On behalf of the entire Sleep SMART research team, we want to extend our deepest gratitude for your participation in this clinical trial. Your involvement is invaluable to the advancement of care for patients who have had a stroke.

We are pleased to share some exciting progress on the study. We have about 100 sites actively enrolling participants across the United States. Thanks to the dedication and commitment of our community, we have successfully enrolled [number] subjects, with [number] of these participants now fully randomized into the study groups.

As we move forward, the upcoming 3- and 6-month outcome assessments are crucial. These evaluations are vital for gathering the data that will ensure the study's success and reliability. Your continued participation in these assessments is essential, and we greatly appreciate your commitment to maintaining this important schedule.

We understand that participating in a clinical trial is a significant commitment and we want you to know that your health and well-being are our top priorities. Please do not hesitate to reach out to our study team at any time if you have questions or need additional support.

Thank you once again for your contribution to this important work. Your participation not only helps to advance medical research but also contributes to potential improvements in care for countless individuals.

Warm regards, [study team info]