



Dear Colleagues,

We are happy to report that April was an **extraordinary** month for randomizations. With 16 new subjects enrolled, we matched our previous record month and have now surpassed 400 participants.

Our thanks to each of you for your efforts to get ASPIRE done!

Please keep up the great work.

-- ASPIRE National Team

RECRUITMENT UPDATE

Since Last Newsletter (3/31/25)

Randomizing Sites	Pts
Avera Research Institute, Sioux Falls, SD*	1
Cox Medical Center South, Springfield, MO	1
Emory University Hospital, Atlanta, GA	1
Hackensack University Medical Center, Hackensack, NJ	1
Jackson Memorial Hospital, Miami, FL	1
Kaiser Permanente Redwood City Medical Center, Redwood City, CA	1
M Health Fairview University of Minnesota Medical Center, Minneapolis, MN	1
Memorial Hermann Texas Medical Center, Houston, TX	2
Moses H. Cone Memorial Hospital, Greensboro, NC	1
SUNY Upstate Medical University, Syracuse, NY	1
St. Cloud Hospital, St. Cloud, MN	1
The Queen's Medical Center, Honolulu, HI	1
UC Irvine Medical Center, Orange, CA	1
University of Chicago Medical Center, Chicago, IL	1
VCU Medical Center, Richmond, VA	1
TOTAL	16

Target=700



Participants



**Congratulations
on 1st
ASPIRE
Randomization!**

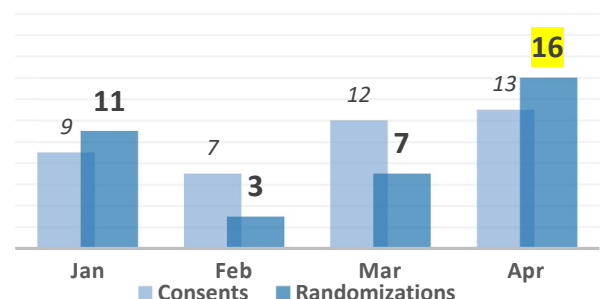


Cassidy Kaiser (PSC)



Jonathon Cooke (PI)

2025 Enrollment Activity



QUESTION CORNER

What are clear indications for antiplatelet (APT) or anticoagulant (AC) medications that make a patient ineligible for ASPIRE?

This is an important question because many patients have been excluded for having a clear indication for APT or AC, especially patients with a history of coronary artery disease. Please see below for advice on some common scenarios you may encounter.

Scenario	Eligible?	Explanation
Stable CAD	YES	There is no clear benefit of APT vs AC in these patients, so, enrollment in ASPIRE should be pursued if patient and their physicians are willing to forego open-label APT. (https://doi.org/10.1016/j.jacc.2024.12.030 https://doi.org/10.1056/NEJMoa1709118)
Recent coronary stenting	MAYBE	For patients at high bleeding risk (e.g., recent ICH), discontinuing dual antiplatelet therapy (DAPT) after 1 month and randomizing to apixaban or aspirin can be considered if cardiologist agrees (especially in patients with elective stenting and newer drug eluting stents). (https://doi.org/10.1038/nrcardio.2015.87)
Post pacemaker	YES	Pacemakers are not an indication or contraindication for any specific antithrombotic tx, so these patients can be enrolled.
DVT/PE	MAYBE	Patients with DVT/PE are eligible once a clinical decision is made to stop their anticoagulation.



ASPIRE WhatsApp Group is Back!

- Ask questions about potential enrollments in real time!
- Click on link and request to be added to the group

<https://chat.whatsapp.com/D7kbrphHx7X5EGi1HDdv0D>

Welcome to Our New ASPIRE Sites - Released to Enroll in 2025 -

ECU Health Medical Center, Greenville, NC	Shailesh Male (PI), Miriam Wood (PSC)
George Washington University Hospital, Washington, DC	Fernando Mayor Basto (PI), Aspen Nelson (PSC)
Mercy Hospital Oklahoma City, Oklahoma City, OK	Jeffrey Craig (PI), Tiffany Vernon (PSC)
Mercy Hospital South, St. Louis, MO	Venkat Chintapally-Rao (PI), Ruth Fauska (PSC)
Saint Alphonsus Regional Medical Center - Boise, Boise, ID	Lukas Clark (PI), Helena Snider (PSC)
Semmes Murphey Main Campus, Memphis, TN	Neha Kumar (PI), Wendell Barnett (PSC)
University of Colorado Hospital, Aurora, CO	Sharon Poisson (PI), Ryan Morgan (PSC)

AspireNet Results Coming Soon!

Be sure to get your Screen Failures submitted
and let us know if you met as a Team in April **before 4/30 EOD!**

ASPIRE CONTACT INFORMATION

ASPIRE@YALE.EDU

24/7 Hotline
(800) 618-0643

Principal Investigators
Kevin Sheth
(443) 615-4729
Hooman Kamel

Program Managers
Cristina Francois [NCC]
(513) 558-3960
Catherine Viscoli [Yale]
(203) 927-0443

RANDOMIZATIONS BY RCC AND SITE - 2025 & OVERALL

RCC	SITE	2025	TOTAL
Case Western	Cleveland Clinic		2
	Cleveland Clinic Akron General	1	2
	MetroHealth Medical Center		3
	UH Cleveland		4
	WVU Healthcare Ruby		2
Columbia	Kings County		4
	NYP Columbia University		6
	NYP Weill Cornell		3
	NewYork-Presbyterian Brooklyn		
	SUNY Upstate Medical University	2	5
	Strong Memorial Hospital		2
	Westchester Medical Center	1	3
Duke	Bon Secours St. Mary's Hospital		
	Duke University Hospital	1	1
	University of North Carolina		3
Emory	Emory University Hospital	1	9
	Grady Memorial Hospital		4
MUSC	Augusta University		3
	MUSC		4
	Moses H. Cone	1	6
	Prisma Health Greenville	4	9
Mass General	Baystate Medical Center		3
	Beth Israel Deaconess		2
	Boston Medical Center		6
	Lahey Hospital &		2
	Massachusetts General Hospital		4
	The University of Vermont		4
	Tufts Medical Center	1	3
	UMass Memorial		1
MedStar	George Washington		
	Inova Fairfax Hospital		3
	MedStar Georgetown		4
	UVA Medical Center		2
	VCU Medical Center	1	5
Mount Sinai	Buffalo General		1
	Maimonides Medical Center		1
	Montefiore Medical Center		1
	Mount Sinai West		3
	NYC Health + Hospitals/Elmhurst		
	NYU Langone Hospital - Brooklyn		6
	Stony Brook		2
	The Mount Sinai Hospital		1
New Mexico	OU Medical Center		5
	University of Colorado Hospital		
	University of New Mexico Hospital	1	8
Non Network	Ascension Sacred Heart Pensacola		4
	Baptist Health Lexington		
	Cleveland Clinic Tradition Hospital		1
	Danbury Hospital		1
	Geisinger Medical Center		1
	Hackensack University	2	3
	Mercy Hospital Oklahoma City		
	Mercy Hospital South		
	Mercy Hospital Springfield		
	Mercy Hospital St. Louis		
	Overlook Medical Center		
	Semmes Murphey Main Campus		
	Vassar Brothers		1
	WellStar Kennestone Hospital		2
Stanford	Mercy San Juan		2
	Oregon Health & Science		7
	Providence St. Vincent		1
	Stanford University		2
U Chicago	Central DuPage Hospital		2
	Evanston Hospital		
	Froedtert Hospital		
	Loyola University		1
	NCH Hospital		1
	Rush University		4
	University of Chicago	1	3
	University of Illinois Hospital		

RCC	SITE	2025	TOTAL
U Cincinnati	Good Samaritan Hospital		
	OSU Wexner		3
	University of Cincinnati		5
	University of Louisville Hospital		2
U Iowa	University of Iowa		8
	University of Nebraska		3
U Miami	Jackson Memorial Hospital	1	2
	Mayo Clinic		1
	Morton Plant Hospital		5
	Tampa General Hospital		2
	UF Health Jacksonville		
U Michigan	McLaren Flint		1
	McLaren Macomb		1
	Munson Medical Center	1	1
	Penn State Hershey		1
	University of Kentucky Hospital		2
U Minnesota	Abbott Northwestern Hospital		2
	Avera Research Institute	1	1
	HealthPartners Methodist Hospital		1
	University of Minnesota	2	8
	Regions Hospital		1
	St. Cloud Hospital	2	4
	University of Kansas Hospital		3
U Penn	University of Pennsylvania		6
	Jefferson Abington Hospital		3
	Temple University Hospital		2
U Pitt	UPMC Presbyterian Hospital		7
U Utah	Banner University - Tucson Campus	1	3
	Harborview Medical Center		8
	PeaceHealth Sacred Heart - RiverBend		2
	Saint Alphonsus Regional - Boise		
UAB	University of Utah Healthcare		1
	University of Alabama Hospital		8
	University of South Alabama		1
UCLA	Arrowhead Regional		1
	Cedars-Sinai		1
	Doctors Modesto		3
	Kaiser Permanente Fontana		
	Kaiser Permanente Los Angeles		2
	PIH Health Hospital - Whittier		3
	Ronald Reagan UCLA		
	St. Jude		
	UC Davis		7
	UC Irvine	1	12
UCSD	Ochsner - Main Campus	1	4
	St. Joseph's Hospital and		
UCSF	Kaiser Permanente Redwood City	1	6
	Kaiser Permanente Sacramento	2	7
	San Francisco General Hospital		1
	The Queen's	2	6
UTHSC Houston	Ascension St. John		3
	Fort Sanders Regional		
	Houston Methodist Hospital		1
	Memorial Hermann Texas	2	4
	U Texas HSC San Antonio		2
Wake Forest	ECU Health		
	Forsyth Medical Center		
	New Hanover Regional		2
	Wake Forest Baptist		22
Washington U	Barnes Jewish Hospital		4
	Cox South	1	4
	Methodist University Hospital	1	3
	OSF St. Francis		3
	University of Missouri Health Care		
Yale	Hartford Hospital		1
	North Shore	1	8
	Rhode Island Hospital		3
	Yale New Haven Hospital		15
TOTAL		37	404