



ASPIRE Colleagues,

We are happy to report that after their bi-annual meeting on 10/21 the DSMB gave us a green light to proceed. There were no safety concerns, but the Board did issue a renewed call to get our enrollment back on track with a goal of at least 8 randomizations each month.

After a summer lull, consenting activity has rebounded nicely with 26 new consents in the last two months. If you have a consented patient pending randomization, please do all you can to get them randomized and on study drug as soon as clinically appropriate.

There are 64 days left to go in our **POWER OF ONE** campaign, so we hope everyone will keep up their efforts to get a subject randomized before the end of 2024.

**Just 3 more subjects and we will reach the 50% enrolled milestone!**

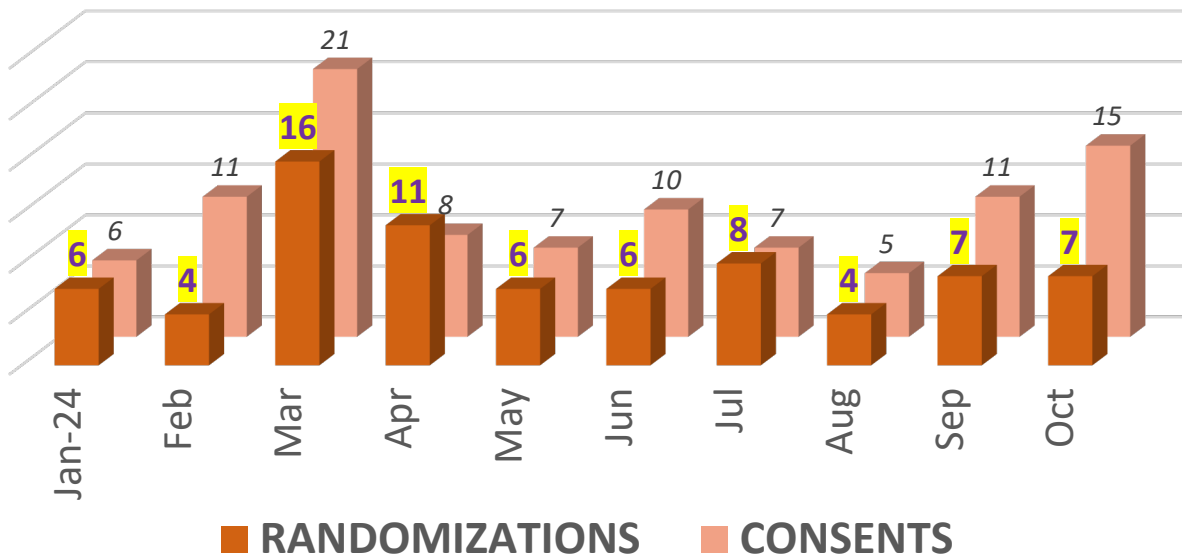


--ASPIRE National Team

## RECRUITMENT UPDATE

Since last Newsletter (9/30/24)	
Randomizing Sites	Pts
Ascension Sacred Heart Pensacola, Pensacola, FL	1
NYP Columbia University Medical Center, New York, NY	1
NYU Langone Hospital - Brooklyn, Brooklyn, NY	1
University of Alabama Hospital, Birmingham, AL	2
Wake Forest Baptist Medical Center, Winston-Salem, NC	1
Westchester Medical Center, Valhalla, NY	1
<b>TOTAL</b>	<b>7</b>

**Total Enrolled**  
**347**  
**49% of Goal!**





## New Document in Toolbox **CONSENTING PATIENTS FOR ASPIRE**

New document posted in Toolbox>Project Documents >**Consenting Patients for ASPIRE**  
 Focus, Framing, and Talking Points for consenting patients for ASPIRE  
 Link to 9-minute video of Dr. Sheth discussing best approaches to consenting  
*PLEASE NOTE: Video is for ASPIRE team – Is **NOT** patient-facing*

## TRACKING BLOOD PRESSURE

Two new metrics were added to your Quarterly Site Report Card starting this month

<b>ASPIRE Site Report Card</b>		<input checked="" type="checkbox"/> How sites are doing with tracking blood pressure at 3-month contacts
<b>01OCT2024</b>		<input checked="" type="checkbox"/> Please review and do all you can to get to 100%!
Category	Metric	All Sites
Data Entry	Visits where blood pressure was recorded / all completed visits where blood pressure was expected to be recorded, %	83
	Visits where hypertension management is discussed or no hypertension indicated / all visits where blood pressure was recorded, %	86

*Site column reflects accumulated data from study start to end of quarter (e.g., Sept 30, 2024).  
 Previous Quarter column reflects accumulated data to end of prior quarter (e.g., June 30, 2024).*

**SAVE THE DATE!**




**International Stroke  
 Conference 2025**  
 February 5-7, 2025 | Los Angeles, CA  
 Los Angeles Convention Center



**American Stroke Association.**  
A division of the American Heart Association.

**Dinner Meeting -- Tuesday February 4 -- JW Marriott 6-9 pm**  
**Please RSVP to [ASPIRE@yale.edu](mailto:ASPIRE@yale.edu) if you plan to attend**



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**Need Supplies?**

- Study Brochures
- Wallet Alert cards
- I/E cards
- Home BP monitors

**Email [ASPIRE@Yale.edu](mailto:ASPIRE@Yale.edu)**

# RANDOMIZATIONS BY RCC AND SITE - 2024 & OVERALL

RCC	SITE	2024	TOTAL	RCC	SITE	2024	TOTAL
Case Western	Cleveland Clinic		2	U Cincinnati	Good Samaritan Hospital		
	Cleveland Clinic Akron General	1	1		OSU Wexner	1	3
	MetroHealth Medical Center		3		University of Cincinnati	1	5
	UH Cleveland		4		University of Louisville Hospital		
	WVU Healthcare Ruby	1	2		U Iowa	University of Iowa	1
Columbia	Kings County		3	University of Nebraska			3
	NYP Columbia University	1	6	U Miami	Jackson Memorial Hospital		1
	NYP Weill Cornell	1	3		Mayo Clinic		1
	NewYork-Presbyterian Brooklyn				Morton Plant Hospital	1	4
	SUNY Upstate Medical University	2	2		Tampa General Hospital		2
	Strong Memorial Hospital	2	2	U Michigan	UF Health Jacksonville		
	Westchester Medical Center	2	2		McLaren Flint		1
Duke	University of North Carolina	1	3		McLaren Macomb		1
	Emory	Emory University Hospital	2		7	Munson Medical Center	
Grady Memorial Hospital		1	3	Penn State Hershey	1	1	
MUSC	Augusta University		3	University of Kentucky Hospital	1	2	
	MUSC	1	4	U Minnesota	Abbott Northwestern Hospital		2
	Moses H. Cone		5		Avera Research Institute		
	Prisma Health Greenville		5		HealthPartners Methodist Hospital		1
Mass General	Baystate Medical Center		3		University of Minnesota	1	6
	Beth Israel Deaconess		2	Regions Hospital		1	
	Boston Medical Center	2	6	St. Cloud Hospital		1	
	Lahey Hospital &		1	University of Kansas Hospital	2	3	
	Massachusetts General Hospital	1	4	U Penn	University of Pennsylvania		6
	The University of Vermont		4		Jefferson Abington Hospital	1	3
	Tufts Medical Center	1	1		Temple University Hospital		2
	UMass Memorial		1	U Pitt	UPMC Presbyterian Hospital		7
MedStar	Inova Fairfax Hospital		3	U Utah	Banner University - Tucson Campus		1
	MedStar Georgetown	1	4		Harborview Medical Center	2	7
	UVA Medical Center		2		PeaceHealth Sacred Heart - RiverBend		2
	VCU Medical Center	2	4		University of Utah Healthcare		1
Mount Sinai	Buffalo General		1	UAB	University of Alabama Hospital	2	7
	Maimonides Medical Center		1		University of South Alabama		1
	Montefiore Medical Center	1	1	UCLA	Arrowhead Regional		1
	Mount Sinai West		3		Cedars-Sinai		1
	NYU Langone Hospital - Brooklyn	1	6		Doctors Modesto	1	3
	Stony Brook		2		Kaiser Permanente Fontana		
	The Mount Sinai Hospital	1	1		Kaiser Permanente Los Angeles		2
New Mexico	University of New Mexico Hospital	2	7	PIH Health Hospital - Whittier	1	3	
	Non Network	Ascension Sacred Heart Pensacola	1	4	Ronald Reagan UCLA		
Baptist Health Lexington				St. Jude			
Cleveland Clinic Tradition Hospital		1	1	UC Davis	2	7	
Danbury Hospital			1	UC Irvine	3	11	
Erlanger Health System				UCSD	Ochsner - Main Campus		2
Evanston Hospital					St. Joseph's Hospital and		
Fort Sanders Regional				UCSF	Kaiser Permanente Redwood City	3	5
Geisinger Medical Center		2	2		Kaiser Permanente Sacramento		4
Hackensack University					San Francisco General Hospital		1
Mercy Hospital Springfield					The Queen's Medical Center		3
Mercy Hospital St. Louis				UTHSC Houston	Ascension St. John		2
NCH Hospital		1	1		Houston Methodist Hospital	1	1
Overlook Medical Center					Memorial Hermann Texas		2
Vassar Brothers			1		OU Medical Center		5
WellStar Kennestone Hospital	2	2	U Texas HSC San Antonio			2	
Stanford	Mercy San Juan		1	Wake Forest	Forsyth Medical Center		
	Oregon Health & Science		7		New Hanover Regional	2	2
	Providence St. Vincent		1		Wake Forest Baptist	8	22
	Stanford University	1	2	Washington U	Barnes Jewish Hospital	1	4
U Chicago	Central DuPage Hospital		1		Cox South	1	3
	Froedtert Hospital				Methodist University Hospital		2
	Loyola University		1		OSF St. Francis	1	3
	Rush University		4	University of Missouri Health Care			
	University of Chicago		2	Yale	Hartford Hospital		1
University of Illinois Hospital			North Shore		1	7	
			Rhode Island Hospital			3	
			Yale New Haven Hospital		1	14	
<b>TOTAL</b>						<b>75</b>	<b>347</b>