

# StrokeNET Webinar Grant Writing

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# Grant Writing

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1. Overview of Patient-Based Research
2. A Reviewer's Thought Process
3. Considerations for NIH StrokeNet

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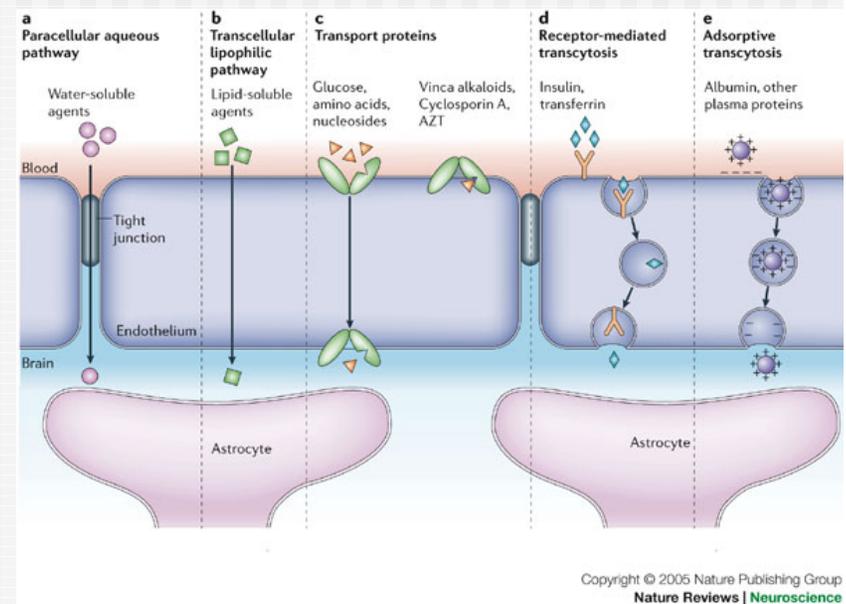
# Why would anyone study human disease in humans?

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- In vitro systems are flexible and elegant
- Wide range of available pharmacologic or genetic manipulations
- A lot easier to order a vial of cells or a colony of mice than a cohort of patients

# ...especially neurologic disease?

- Difficulty acquiring CNS tissue
- Blood-brain barrier to both influx and efflux



# Strengths of Patient-Based Research

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- Studying humans means studying the disease, not the disease model
- New findings increasingly flow not just bench to bedside, but also bedside to bench

“Scientists are increasingly aware that [the] bench-to-bedside approach to translational research is really [a two-way street](#)...”

-NIH Roadmap for Medical Research “Re-engineering the Clinical Research Enterprise”

~~THINK GLOBALLY~~  
~~ACT LOCALLY~~



Peace Resource Project 888-622-7075 [www.peaceproject.com](http://www.peaceproject.com) (MS#10)

Biologically

Clinically

# Crafting Proposals to Study Mechanisms of Disease

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1. Define compelling biological questions
  - No unimportant question is worth answering
  - What unknowns stand between where we are and where we need to be?
  - Which are accessible to current technology?
  - One eye on clinical translation, other on underlying pathogenesis

# Crafting Proposals to Study Mechanisms of Disease

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1. Define compelling biological questions
2. Identify potential bedside-to-bench methodologies
  - Neuroimaging (structural, functional, molecular)
  - Biomarkers (beware of cause vs effect issue)

# Crafting Proposals to Study Mechanisms of Disease

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1. Define compelling biological questions
2. Identify potential bedside-to-bench methodologies
3. **Collaborate widely and generously**
  - Impossible to “go it alone” in clinical research
  - Durable collaboration meets everyone’s needs (\$’s, publication credit, shared personnel, training, samples, friendship)

# Crafting Proposals to Study Mechanisms of Disease

1. Define compelling biological questions
2. Identify potential bedside-to-bench methodologies
3. Collaborate widely and generously
4. **Get your own patients**
  - Sample size projection is inherently shaky, but...  
Interest of other site =
  - No study is worth doing or funding if not powered to detect *something*  
Interest of your site / (distance between sites)  
i.e. No one loves your study as much as you

# Crafting Proposals to Study Mechanisms of Disease

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1. Define compelling biological questions
2. Identify potential bedside-to-bench methodologies
3. Collaborate widely and generously
4. Get your own patients
5. Don't lose hope
  - NIH funding is cyclical
  - Special paylines for NI/ESI

# Grant Writing

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# Classes of NIH Grants

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## 1. R Series Awards

- R01 “research project”
- R03 “small project” (\$100K /2 yrs)
- R21 “exploratory/developmental” (\$275K /2 yrs)

# Review Clusters

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- Cluster A = R01 from established investigators
- Cluster B = R01 from New or Early Stage PI
  - **New Investigator** = not previously competed successfully as PD/PI for a substantial NIH independent research award
  - **Early Stage Investigator** = New Investigator within 10 years of last degree or residency
- Cluster C/D = R03 and R21

# R Series Awards

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- Significance
- Investigator
- Innovation
- Approach
- Environment

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Overall Impact

# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
2. Can this applicant answer it?
3. Are the studies feasible?

# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
  - Scored as *Significance*
  - Not sufficient to state that disease X is common, devastating, and untreatable. Your specific question needs to have impact.
  - Established largely by Specific Aims, reinforced by Significance

# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
2. Can this applicant answer it?

### Productivity of investigative team

- Scored as *Investigator*
- Publications (number, quality, relevance)
- Record of similar projects
- Co-Investigators can inoculate from some critiques...but ultimately rests on PI

# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
2. Can this applicant answer it?

### Power and Elegance of Proposed Techniques

- Straightforward appropriateness (*Approach*)
- Elegance, novelty, “sparkle” (*Innovation*)
- Reviewer's impression largely driven by preliminary data (not required for R03/R21)

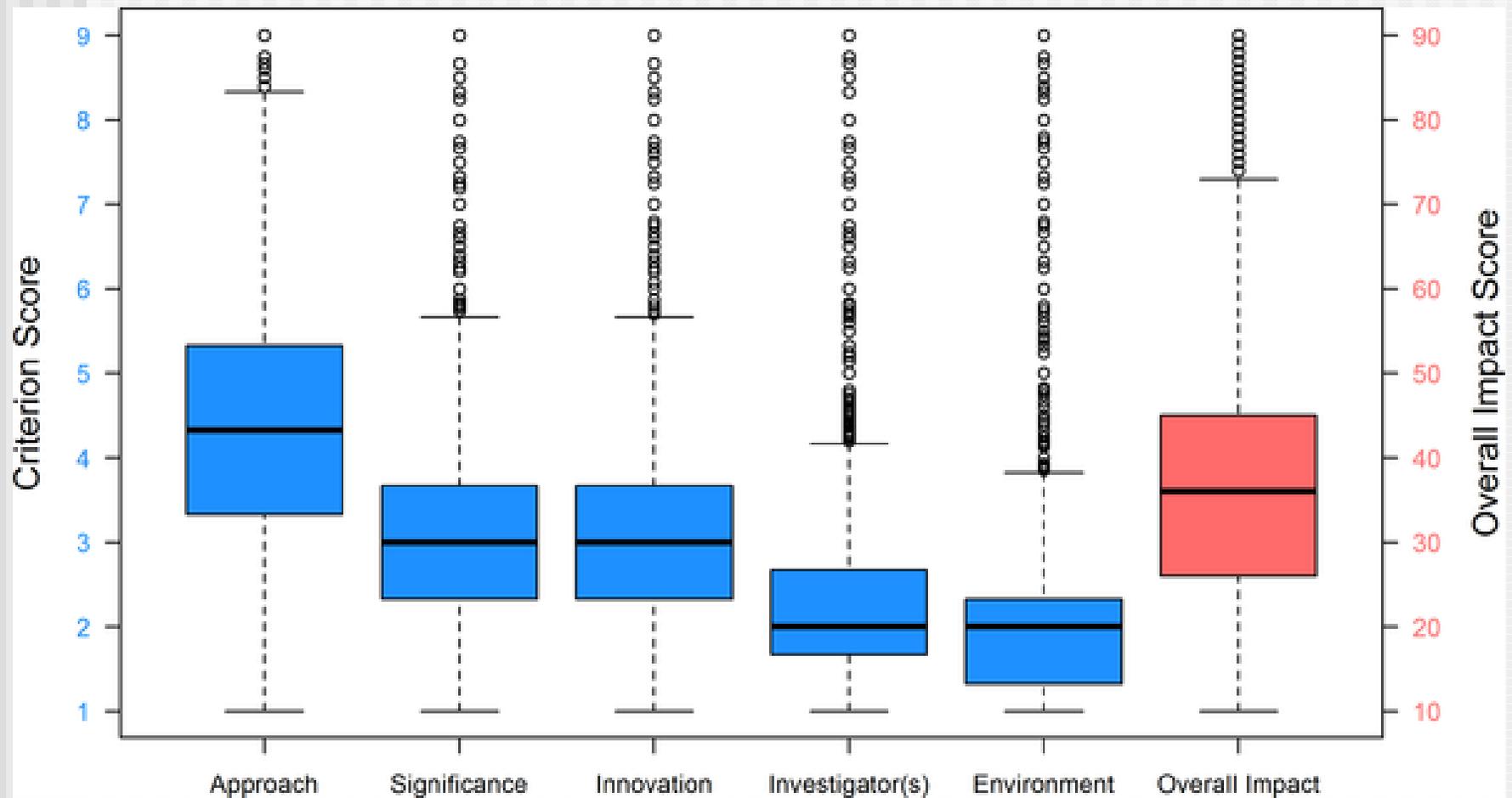
# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
2. Can this applicant answer it?
3. Are the studies feasible?
  - Ability to meet targeted recruitment (*Approach, Environment*)
  - Soundness of sample size estimate (*Approach*)
  - Inclusion of women, minorities, children, especially for phase 3 (*Approach, Environment*)
  - Hard to gain points in *Approach*, easy to lose

# Variability of R criterion scores



# R01 Overall Impact

## A Reviewer's Thought Process

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1. Does the question need to be answered?
  2. Can this applicant answer it?
  3. Are the studies feasible?
- Every sentence in your proposal should help reviewer answer “Yes!”
  - Reviewer begins to form impression at the Abstract, certainly at the Biosketch and Specific Aims.

# Phrases in a R01 review

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- Ones you want to hear
  - compelling, exciting
  - nationally/internationally recognized team
  - state-of-the-art techniques
- Ones you don't
  - incremental, descriptive
  - speculative, overly ambitious
  - contingent (if SA1 fails, whole grant fails)
- Range from solid SA1 to exciting SA3

# New emphasis areas (2016-)

## Rigor and reproducibility

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- Scientific premise (*Significance*)
- Scientific rigor (*Approach*)
- Biological variables (*Approach*)
  - e.g. sex, age, weight, comorbidities
- Authentication (*other*)

# A Reviewer's Thought Process

## Personal reflections

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- Writing clarity/style matter
- Small factual or conceptual errors matter (unfortunately)
- Reputation matters (unfortunately)
- Who reviews your grant matters...but unpredictably
- NEVER attempt to tamper with review

# Classes of NIH Grants

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1. R Series Awards
2. K08/K23 Awards
  - Typically 75% effort
  - Modest additional funds, e.g. coursework, part of a research assistant

## R Series

## K Series

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- Significance
  - Investigator
  - Innovation
  - Approach
  - Environment
- Candidate
  - Career Development Plan
  - Research Plan
  - Mentor
  - Environment/Institutional Commitment

# K Overall Impact

## A Reviewer's Thought Process

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1. Is the applicant a winner?
2. Can the mentor move the applicant to independence?
3. Will the research move the applicant to independence?

# K Overall Impact

## A Reviewer's Thought Process

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### 1. Is the applicant a winner?

- Obviously subjective
- Publications, national/international presentations, applicant-generated preliminary data
- Letters of support (mentor, referees, institution)
- Quality of research plan

# K Overall Impact

## A Reviewer's Thought Process

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1. Is the applicant a winner?
2. Can the mentor move the applicant to independence?

### Ideal mentor

- Productive
- Senior enough to expose applicant nationally
- Nurturing
- Established by track record of previous trainees, level of commitment in letter

# K Overall Impact

## A Reviewer's Thought Process

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1. Is the applicant a winner?
  2. Can the mentor move the applicant to independence?
  3. Will the research move the applicant to independence?
- Intrinsic impact of plan less important than capacity for moving applicant to his/her R01
  - An unfeasible plan (lack of resources, expertise, subjects) is a poor training vehicle

# K Overall Impact

## Other Elements

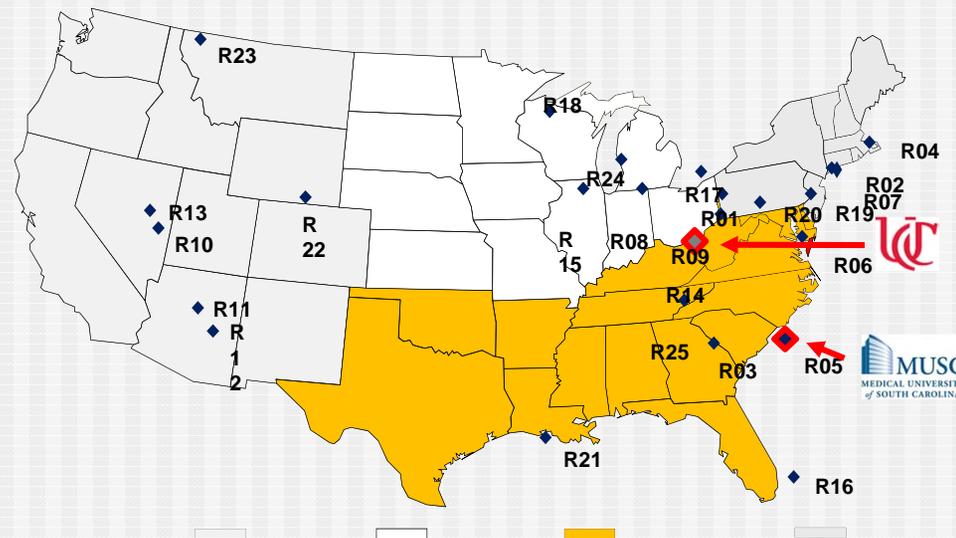
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Handle comprehensively and methodically

- Didactic training (e.g. biostatistics)
- Training in responsible conduct of research
- Institutional support
- Unconditional guarantee of protected time
- Like *Approach* in R01: Hard to gain points, easy to lose.

# Grant Writing

1. Overview of Patient-Based Research
2. A Reviewer's Thought Process
3. Considerations for NIH StrokeNet



# NIH StrokeNet

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- “The primary goal of this network is to maximize efficiencies to develop, promote, and conduct high-quality trials focused on key interventions in stroke prevention, treatment and recovery.”
- Funding mechanisms
  - U01
  - X01 (Infrastructure access for industry)
  - U44 (Funding for small business)

# StrokeNet

## Types of trials

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- Multicenter only ( $\geq 5$  sites)
- Stroke patients, not healthy volunteers
- Primary/secondary prevention, acute treatment, or recovery/rehabilitation
- Exploratory phase 1/2 (dose finding, safety, target engagement, technique), phase 2/3 transition, phase 3 confirmatory
- Biomarker/PK/outcome validation (if immediately preparatory to trial)

# NIH StrokeNet

## Process for proposals

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- Concept synopsis reviewed for completeness/appropriateness (NINDS staff), alignment with mission/priorities (ESC)
- Executive/working committees review feasibility
  - Availability of patients (GCNKSS)
  - Willingness/ability of sites to participate
  - Availability of drug, etc
- If approved, PI writes proposal with input/letters from StrokeNet

# StrokeNet

## Dispelling misconceptions

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- StrokeNet doesn't fund your trial
  - The network delivers the sites, the local support (dedicated site PI, fellow, coordinator), the cIRB and MCTA structures, and the imprimatur
- StrokeNet doesn't fund your grant
  - U01 proposals peer reviewed by NINDS special emphasis panel
- StrokeNet doesn't write your grant
  - But working groups may help you develop your concept for your U01

# A Reviewer's Thought Process

## Considerations for StrokeNet

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1. Does the question need to be answered?
  - Address unmet need
  - Unravel biological mechanism
  - Provide crucial information for phase 3 study
2. Can this applicant answer it?
  - StrokeNet brand very helpful here
3. Are the studies feasible?
  - Stroke trials have history of underrecruitment, too many exclusions, too intricate protocol
  - Safety, analytic plan also key



**"Mr. Osborne, may I be excused? My brain is full."**



Network Investigators submit concept synopsis

NIH StrokeNet Executive Committee

Non-Network Investigators submit concept synopsis

Acute Stroke Working Group

Prevention Working Group

Recovery/Rehab Working Group

Feasibility Determined with input from relevant Working Group

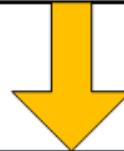
Return to originator

Feasible?

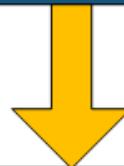
YES

Permission from NINDS to submit application

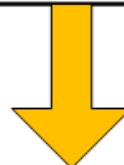
Study Ready for  
Initiation



Funding by NINDS based on  
Network Capacity



Award to PI's Institution  
(Subcontract to NCC  
and DMC)



Study Started at  
sites